# KIDS HOUSE Where Hope and Healing Begins





# KIDS HOUSE SPOTLIGHT

## THANKSGIVING THANK YOU!

To all of our Thanksgiving Basket Donors-We would like to thank all of this year's Thanksgiving Basket donors who have contributed to our filling our families' bellies! Kids House is lucky to have the support of our partner agencies, community, and staff members to help make the families we serve have a special holiday season! This year we collected and built over 80 baskets!

#### ADMIN STAFF EVENT

Every other month, Kids House chooses a department to organize and execute a staff meeting to promote togetherness and staff bonding. For the month of November, it was our Administrative department's turn. The meeting started with all-staff an participation, potluck. While staff enjoyed their food they gave each team a chance to eat and get to know one another whom they may not work next to day to day. There was an Emoji Pictionary game, congrats to GREEN on winning with 13 out of 15 points! Then to end the event we played a "Kids House Thanksgiving" themed mad-lib. What a fun and creative event as we prepare for the upcoming holiday!

#### KIDS HOUSE CLIENT EVENT

Kids House staff has turned into elves trying to help Santa prepare for a special event for the children and families who have come through Kids House! He himself will be here to take photos and give each child a special gift this holiday season. Thank you to all the donors who have donated and volunteered and have helped make this event happen!

# KIDS HOUSE ANNIVERSARIES

Carrollann Bailey- 5 years of service



# PARENTS CORNER

#### HOLIDAY CRAFTS

The holidays are about family and being grateful for those around you. This holiday season, enjoy the togetherness with fun crafts! Use some paper and scissors and make some creative snowflakes to put around the house or use pipe cleaners and beads to make fun candy canes to display. Best of all, enjoy the teamwork and build a decorate a festive gingerbread house. Enjoy time as a family this season.

#### STRESS PREVENTION TIPS

The holidays can cause anxiety and be a stressful time so here are a few tips to help prevent stress this season. Keep a positive attitude and accept that there may be events that you cannot control. Practice relaxation techniques such as meditation or yoga, this will help your body and mind relax as well as manage stress at the same time. Lastly, set your limits and say no to requests that may be cause excessive stress.

#### RECOGNIZING CHILD ABUSE

It's everyone's job to protect children. The first step is knowing how to recognize the signs of child abuse. Not all signs of child abuse look the same. Some signs of abuse can include behavioral signs such as Excessive crying, depression, eating issues, fear and anxiety. Some physical signs would be bruising, malnutrition, poor hygiene, bites, and burns. To report abuse or neglect, please call the Florida Abuse Hotline to make a report at 1-800-96-ABUSE or 1-800-962-2873.

# SPECIAL THANK YOU TO OUR KIDS HOUSE STARS!

Patrick
Mia
Sandra
Caroline
Vicki
Cathy

Maria Odies Joyce Róna Charlene

Beatrice Greg Susan Paula

Ron Kathleen Debra Megan



# GET INVOLVED

## BE A STAR!

For every \$20 Donation, we will display a star on our giving wall at Kids House. With your help, we hope to get 1,000 stars displayed on our wall!

https://www.kidshouse.org/be-a-star

#### END OF THE YEAR GIVING

It is only with your financial assistance, and that of others, that we will be able to provide the critical services that have had a lasting impact on our children and the entire community. As we reflect on a year of great accomplishments, we look forward to another year of partnerships in strengthening and expanding our programs while ensuring quality care to each child who enters our

#### IN-KIND DONATIONS

A lot goes into helping the children work through their trauma and heal, which includes actual items we use when working with those children. Below is a list of things we use to aid in the healing process and offer additional support to our families. All inkind Donations must be NEW and UNUSED.

#### https://bit.ly/2ZmHEyi

#### HOLIDAY HELP

Kids House often needs help to ensure that we provide for our families in need during the holiday season. There are several ways to help for such as volunteering at our annual holiday event and setting up a crafts table, donate gifts for Christmas, and/or sponsoring a family's entire Christmas.

For more information on how to get involved for the holidays please contact Kids House at 407-324-3036 or email info@kidshouse.org

# -NOTEWORTHY NEWS-

KIDS HOUSE OPEN POSITIONS

**Mental Health Therapist** 

To apply, visit:

https://www.kidshouse.org/employment-opportunities

DONOR SPOTLIGHT

Marcie G.

**UPCOMING EVENTS**